

The Four Planes of Liberation

according to the Sutta Piṭaka

Stage's "fruit"	Abandoned fetters		Rebirth(s) until suffering's end
Stream-enterer Sotapanna	1. identity view (Anatman) 2. doubt in Buddha		<i>up to seven rebirths in human or heavenly realms</i>
Once-returner Sakadagami	3. ascetic orritual rules	lower fetters	<i>once more as a human</i>
Non-returner Anāgāmi	4. sensual desire 5. ill will		<i>once more in a heavenly realm (Pure Abodes)</i>
	6. material-rebirthdesire		
	7. immaterial-rebirthdesire		
Arahant	8. conceit 9. restlessness 10. ignorance	higher fetters	<i>no rebirth</i>

Source: [Ñānamoli](#) & [Bodhi](#) (2001), *Middle-Length Discourses*, pp. 41-43.